

# Judy H. Ribak, PhD, APRN, PMHCNS-BC

Wright State University Miami Valley College of Nursing and Health  
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 Dayton, Ohio 45435  
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## EDUCATION

### University of Cincinnati

College of Nursing, Cincinnati, Ohio  
 Doctor of Philosophy, Nursing Research

### University of Kentucky

Graduate School, Lexington, Kentucky  
 Non Degree Certificate, Graduate Program, Psychiatric Nurse Practitioner

### University of Cincinnati

College of Nursing and Health, Cincinnati, Ohio  
 Master of Science in Nursing, September  
 Major concentration: Adult Psychiatric Nursing  
 Bachelor of Science in Nursing

## CERTIFICATION /LICENSURE

### Licensed in the state of Ohio as Registered Nurse

Licensed in the state of Ohio as a Clinical Nurse Specialist/Advanced  
 Practice Nurse- Certificate of Authority  
 Certificate to Prescribe

### Certified by the American Nurses Credentialing Center as a Clinical

Specialist in Adult Psychiatric and Mental Health Nursing, PMHCNS-BC

### University of Cincinnati Pilot Program for Prescriptive Authority

Granted by the Ohio Board of Nursing

## PROFESSIONAL POSITIONS

### March, 2013- Present

#### University of Cincinnati Physicians Inc.

Department of Psychiatry and Behavioral Neuroscience  
 Advanced Practice Nurse- Psychiatric Emergency Service,  
 Psychiatric evaluation and consultations for West Chester Hospital and  
 The Drake Center

### September, 2008- Present

#### Wright State University - Miami Valley College of Nursing and Health

Dayton, OH

Assistant Professor of Nursing

Responsible for clinical and didactic education of Baccalaureate nursing  
 students, contributing to professional scholarship, and service to the University

### 1990-2005 Practical Psychiatry - M.M. Blythe, M.D. & Associates

Cincinnati, OH

Registered Nurse, Clinical Nurse Specialist - Private Psychiatric Practice.

Geriatric and Adult concentrations. Care of individuals/families with complex  
 psychiatric/medical problems- Inpatient/outpatient management

**1988-1992**

**Halom House**

Cincinnati, OH

Consultant for residential facility for individuals with developmental disabilities

**1988-1990**

**The Jewish Hospital of Cincinnati**

Cincinnati, OH

Adult Psychiatry Inpatient Unit

Responsible for inpatient care in general psychiatric unit

**1987-1988**

**The Jewish Hospital of Cincinnati, School of Nursing,**

Cincinnati, OH

Instructor of adult psychiatric and medical surgical nursing

Responsible for clinical and didactic education of senior students

**1982-1986**

**Children's Hospital Medical Center**

Cincinnati, OH

Manager, Placement and Counseling

Developed/coordinated recruiting and selection program for nursing staff.

**1981-1983**

**University Hospital, University of Cincinnati Medical Center**

Cincinnati, OH

Staff Nurse Adult Psychiatry, Adolescent Psychiatry.

Responsibilities included therapeutic milieu management, and care of patients with acute/chronic psychiatric problems

**1978-1982**

**Northern Kentucky University**

Highland Heights, KY

Instructor of Nursing

Instructor for first year students in an associate degree nursing program

**1978-1980**

**Beverly Hills Fire Aftermath Center**

University of Cincinnati College of Medicine, Department of Psychiatry

Cincinnati, OH

Research Interviewer

Conducted comprehensive therapeutic research interviews with disaster survivors, next of kin, and rescue workers

**1976-1981**

**Children's Hospital Medical Center**

Cincinnati, OH

Staff Nurse, Hematology/Oncology Unit

Responsibilities included the care of children and their families

**PROFESSIONAL AWARD**

**May 2001**

**Greater Cincinnati Joint Council on Geriatric Care**

Outstanding Individual Providing Service in the Field of Aging

**COMMUNITY ACTIVITIES****Tristate Medical Reserve Corps**

Leadership Team 2011- Present

**Jewish Family Service- Center for Holocaust Survivors**

Advisory Board Committee Member 2002- Present

**PROFESSIONAL ORGANIZATIONS****Center for Disaster Mental Health**

Steering Committee Member 2012- Present

**Member, Council for the Advancement of Nursing Science (national organization)****Member, International Society of Psychiatric-Mental Health Nurses (International organization)****GRANT AWARD****2012- Ribak, J. H. (Primary investigator) and Dempsey, A.K. Wright State University- Provost's Teaching Innovation Grant**

Mental Health Nursing, Transforming a course to an active learning approach \$8,000.00

**RESEARCH**

2008. **Ribak, J. H.** Characteristics of older and oldest adult drivers: Understanding risky driving. Doctoral Dissertation. University of Cincinnati, College of Nursing.

2005-2007 Sommers, M. S., Principal Investigator, **Ribak, J.H.** (*graduate research assistant*), ED Intervention to Reduce Risky Behaviors in Drivers. Centers for Disease Control and Prevention, Grants for Unintentional Injury Prevention and Control Research (R49CE523225 [R01-type]; \$879,023).

**PUBLICATIONS**

**Sommers, M.S.**, Lyons, M.S., Bohn, C.M., **Ribak, J.**, & Fargo, J.D. Health-compromising behaviors among young adults in the urban emergency department: Opportunity for a teachable moment. *Clinical Nursing Research*. Published online 15 January 2013 DOI: 10.1177/1054773812471971. <http://cnr.sagepub.com/content/early/2013/01/11/1054773812471971>

Dempsey, A., **Ribak, J. H.**, The future of the psychiatric mental health CNS: Evolution or extinction. *Nursing Clinics of North America*. (2012) June 47 (2): 295-304

Osterman, R., **Ribak, J. H.**, Fargo, J., Bohn, C., & Sommers, M.S. Screening for hazardous/harmful drinking and depressive symptoms in an at-risk emergency department population. *Journal of Addictions Nursing*. 2009. 20(1)34-40.

Sommers, M.S., & **Ribak, J. H.** A conceptual model for preventing serious traffic injury in teens: Or "keep those teenagers out of our ICU!" *Dimensions of Critical Care Nursing*. 2008. 27(6)143-151.

**ABSTRACT**

Sommers, M.S., Fargo, J., **Ribak, J. H.**, Osterman, R., & Lyons, M. (2007) Sleep deficit in young adult problem drinkers and risky drivers (Abstract). *Alcoholism: Clinical and Experimental Research*, 31(6), 170

**PRESENTATIONS**

**Ribak, J. H.**, (Lecture) The Family Conference: How to Talk about the Tough Stuff. Presented to Third Year Rabbinical students Hebrew Union College, Cincinnati, OH January 25, 2011

**Ribak, J. H.** (Podium presentation) Characteristics of Older and Oldest Adult Drivers: Understanding Risky Driving.  
Council for the Advancement of Nursing Science, State of the Science Conference, Washington, DC September 27, 2010

Barry, D. G., **Ribak, J. H.**, Smith, S. The Final Push, Presented to the Ohio Diversity Collaboration Retreat by Hazel Rountree, JD and Dr. Tracey Snipes University of Akron, Akron, OH July, 2010

**Ribak, J. H.**, (Podium presentation) Characteristics of Older and Oldest Adult Drivers: Understanding Risky Driving.  
Association of Psychiatry and Psychology for Adults and Children.  
Athens, Greece May 6, 2010

**Ribak, J.H.** (Lecture) Decisions, Decisions, Decisions (or talking about the stuff no one wants to talk about). Presented to: Biology of Human Aging, Kent State University, Kent, OH March 17, 2010

**Ribak, J. H.**, Osterman, R., Chapman, H., Fargo, J., & Sommers, M.S, (Refereed Presentation). Bringing Alcohol Assessment to the Urban Emergency Department: Predictive Value of Three Forms of the AUDIT  
Midwest Nursing Research Society-  
Indianapolis, IN March 29, 2008

**Ribak, J. H.** Characteristics of Older and Oldest Adult Drivers: Understanding Risky Driving. (Poster Presentation). SONK Consortium Conference  
Sigma Theta Tau International, Beta Iota Chapter  
Cincinnati, OH February 15, 2008

**Ribak, J.H.**

Adult Education Series

“Uncharted Waters: Negotiating the Journey with our Aging Parents”  
Congregation Beth Adam Cincinnati, OH November 28, 2007

**Ribak, J.H.**, Osterman, R., Chapman, H., Fargo, J., & Sommers, M.S,  
(Refereed presentation)  
“How Short is too Short? Comparing Three Forms of the AUDIT for Use  
in the Emergency Department”  
International Nurses Society on Addictions (IntNSA)  
31<sup>st</sup> Annual Conference Research Paper Presentation  
Arlington, VA October 13, 2007