

**DEBORAH LUCAS ARMS, PhD, RN**  
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**EDUCATION:**

The Ohio State University - Columbus, Ohio  
Ph.D., Department of Family Relations and Human Development, College of Human Ecology, 1987

The Ohio State University - Columbus, Ohio  
M.S., Nursing, 1976

The Ohio State University - Columbus, Ohio  
B.S.N., Nursing, 1974

**ACADEMIC EXPERIENCE:**

**WRIGHT STATE UNIVERSITY**

*Assistant Professor College of Nursing and Health Sept. 2010 to present*  
*Director of the Adena Outreach Program in Chillicothe Sept 2010 to present*

**WRIGHT STATE UNIVERSITY**

*Director of Strategic Initiatives College of Nursing and Health, Dec 2008 to Aug 30 2010.*  
*Adjunct Faculty, College of Nursing and Health, March 2009 to present*  
*Interim Director of the Adena Outreach pre-license program, Chillicothe, Ohio*

Facilitates and tracks faculty-directed revisions to undergraduate curriculum for the transition to semesters.

Tracks curriculum changes as related to 2008 AACN Baccalaureate Essentials, 2008 Commission on Collegiate Nursing Education standards, American Nurses Association and other national criteria. Communicates with faculty, staff, and internal and external stakeholders during the process of curriculum revision. Develops and tracks faculty-directed collaboration initiatives with community colleges to increase the number of pre-license baccalaureate nurses. Direct the Adena outreach program in Chillicothe. Teaches, as needed, in outreach program at Adena Health System in Chillicothe.

**WALDEN UNIVERSITY**

*Professor, School of Nursing, Leadership and Management Specialization, November 2008 and intermittent thereafter to present*

Teach online classes in the area of leadership and management to graduate nursing students

**THE OHIO STATE UNIVERSITY**

*Adjunct Faculty, College of Nursing, Department of Community Nursing, September, 1989 to 2008*

Advisor to the faculty on the development of grants, as well as guest lecturing in the area of community health and systems development. Also provide placement for graduate students in the community health graduate degree program.

**FRANKLIN UNIVERSITY**

*Chairperson, Maternal and Child Health Nursing, September, 1982 to August, 1985*

Taught courses on public health nursing, child assessment skills, nursing theory, and nursing transition.

**NISONGER CENTER FOR THE MENTALLY RETARDED AND DEVELOPMENTALLY DISABLED**

*Clinical Nurse Specialist, March, 1978 to June, 1982*

*Instructor Rank, The Ohio State University-joint appointment March 1978 to June 1982*

Participated in an interdisciplinary feeding and nutrition clinic, as well as the assessment and evaluation clinic. Responsible for providing home visiting services and crisis intervention to children with special health care needs and their families. Provided continuing education programs in the areas of prevention, child development, and genetics. Joint appointment in the school of nursing at the Instructor rank providing preceptor placement for undergraduate and graduate students.

## **OTHER PROFESSIONAL EXPERIENCE:**

### **OHIO DEPARTMENT OF HEALTH, DIVISION OF PREVENTION Chief, August 1997 to September 2008**

Responsible for management of the day to day operations of the Division of Prevention with 467 employees and a \$122.7 million budget. The eight Bureaus within the Division of Prevention includes the State Health Laboratory, Radiation Protection, Alcohol Testing, Health Promotion and Risk Reduction, Infectious Disease Control, Environmental Health , Health Surveillance Information and Public Health Preparedness. Oversees numerous federal categorical grants in addition to the Preventive Health and Health Services Block Grant and the CDC Public Health and ASPR Health Care Preparedness grants as well as state GRF dollars that fund the Division's programs. Responsible for the direction of the population-based prevention programs for the State of Ohio. Directs the development of strategic and program priorities, planning , policies, and rules for the Division of Prevention. Lead Division in numerous strategic redesign projects including the immunization, STD, preparedness, and environmental health program.

Major Accomplishments include:

- Established the Bureau of Public Health Preparedness with a budget of 52 million dollars annually
- Oversaw the building of a State of the Arts Public Health Laboratory including a BSL 3 Laboratory
- Reduced vaccine preventable diseases by increasing the 2 year old rates from 79% to 85% over 8 years.
- Established the Healthy Ohioan initiative providing 2.5 million dollars to local agencies for efforts to increase physical activity, decrease tobacco use, and decrease obesity
- Oversaw the process by which the Bureau of Radiation Protection became a Nuclear Regulatory Commission Agreement State
- Established a matrix management system model to implement projects
- Oversaw the establishment of the tobacco control compliance program for the State of Ohio
- Incident Command Systems (ICS) training for Preparedness (ICS 100, ICS 200, ICS 300, ICS 400, ICS 700, ICS 800)

### **OHIO DEPARTMENT OF HEALTH, DIVISION OF PREVENTION Acting Division Chief, April 1996 to August 1997**

Responsible for management of the seven Bureaus within the Division of Prevention which includes the State Health Laboratory, Radiation Protection, Alcohol Testing, Health Promotion and Risk Reduction, Infectious Disease Control, Environmental Health , and Health Surveillance Information and Operational Support. Oversees numerous federal categorical grants in addition to the Preventive Health and Health Services Block Grant as well as state GRF dollars that fund the Division's programs. Responsible for the direction of the population-based prevention programs for the State of Ohio.

### **OHIO DEPARTMENT OF HEALTH, DIVISION OF FAMILY & COMMUNITY HEALTH SERVICES Chief, Bureau of Community Health Services & Systems Development, July 1995 to August 1997**

Plans, directs, administers and evaluates several statewide programs (AIDS Client Resources (Ryan White), Primary Care & Rural Health Programs, Strategic Planning Section for the Division, School & Adolescent Health Services and the Help Me Grow Initiative) to develop and maintain quality community-based health care services and systems of health care delivery. Developed and implemented Bureau policies, including the development of program standards and criteria. Assisted the Division Chief in the planning and development of new community- based programs and systems of care. Oversaw and coordinated the administration of grants; developed and managed bureau budget.

### **OHIO DEPARTMENT OF HEALTH, DIVISION OF FAMILY & COMMUNITY HEALTH SERVICES Administrative Nurse Consultant, March 1994 to July 1995**

Directed strategic planning initiative for the Division of Maternal & Child Health. Administered Ohio Systems Development Initiative grant which provides technical assistance for the development of community-based health care delivery programs. Participated in The Ohio Family & Children First Initiative which involved planning and development of Division and Bureau policies as it relates to nursing standards of care in public health systems. Provided technical assistance to nursing consultants in the Division of Family & Community Health Services and nursing personnel in local health departments as it relates to nursing issues, management issues and the development and implementation of new programs. Ohio Department of Health representative on the Ohio Developmental Disabilities Planning Council.

### **OHIO NURSES ASSOCIATION Director of Program Services, September, 1992 to February, 1994**

Responsible for the departments of continuing education, nursing practice and governmental affairs. Facilitated the development of strategies to assure the availability of qualified health care providers in underserved areas. Participated in the strategic planning and development of long and short-term goals for the association. Appointed by the Board of Directors to the Committee on the Reorganization of the Association.

### **MOUNT CARMEL MEDICAL CENTER Director of Women's and Family Services, February, 1989 to June, 1992**

Responsible for the Women's Diagnostic Center, Labor and Delivery, Mother and Baby Unit, and the Neonatal Intensive Care Unit. Responsible for over 200 employees. Administered budget of approximately fifteen million dollars. Developed and administered the Women's Health Program at Mount Carmel Medical Center which included the development of a five-year strategic plan. Wrote and received a grant from the Holy Cross System for \$70,000 to provide prenatal incentives in the prenatal clinic at Mount Carmel Medical Center. This program increased the number of women receiving prenatal care in the first trimester by 40%.

### **CHILDREN'S HOSPITAL**

*Project Coordinator and Genetics Nursing Consultant, November, 1984 to February, 1989*

Provided consultation to a program dealing with the transition from the home to the community for infants with chronic medical disabilities. Project Coordinator for Children with Special Health Care Needs Continuing Education grant. Provided nursing consultation in genetics to families in southeastern Ohio. Participated in Children's Hospital Satellite Clinic in Athens, Ohio.

### **THE OHIO DEPARTMENT OF HEALTH, DIVISION OF MATERNAL & CHILD HEALTH**

*Nursing Consultant, Child Health, January, 1977 to March, 1978*

Provided nursing consultation for well child and development disabilities clinics in local health departments. Administered newborn metabolic screening program for the State of Ohio.

### **ORIENT STATE INSTITUTE FOR THE MENTALLY RETARDED**

*Charge Nurse, September, 1974 to January, 1976*

Responsible for a 100-bed hospital unit consisting of acute and chronically ill mentally retarded patients.

### **CURRENT LICENSURE AND CERTIFICATION:**

Ohio RN license -132267  
CPR certification 2012-2014  
Basic Disaster Life Support Certification (BDLS) 2012

### **PROFESSIONAL MEMBERSHIPS & LEADERSHIP ROLES:**

Special Membership on the Graduate Faculty at the University of Toledo through 6/1/2014  
National League for Nursing 2010-present  
Midwest Nursing Research Society 2011-present  
American Nurses Association 1974- present  
Ohio Nurses Association - Mid-Ohio District 1974-present  
Sigma Theta Tau Honor Society for Nurses, Epsilon Chapter 1973 -present  
American Association of Mental Retardation 1975-1990  
American Hospital Association-Association of Nurse Executives 1989-1992  
Ohio Public Health Association 1994-present  
Association of State and Territorial Health Directors, Nursing Affiliate 2004-2008  
Delegate ONA biannual convention -1975 -2009 -E  
Ohio Nurses Association, State Council on Practice, Member 1987-1992 - E  
Ohio Nurses Association - Mid Ohio District, Board Member 1989-1991 -E  
Ohio Nurses Association - Mid Ohio District, 2nd Vice President 1991-1993 -E  
Ohio Nurses Association - Mid Ohio District, 1<sup>st</sup> Vice President 2004 -2010-E  
Ohio Nurses Association - Board of Directors, 1995 to 2001 -E  
Ohio Nurses Association -Treasurer 2001-2003 -E  
Ohio Nurses Association - Health PRO Network Board, 1999 to 2003 -E  
Ohio Nurses Foundation Board, 1999 to 2003  
President Mid-Ohio District Nurses Association Sept 2010 to present - reelected E

#### **Committee memberships:**

ONA -Council on Nursing Practice- 1992-1995  
ONA -Ethics Committee 1980's  
ONA - Strategic planning Task force -1995  
MNRS-Public Health section abstract reviewer-2011  
MODNA Legislative Committee 2010 to present  
MODNA Scholarship Committee 2004-present  
ONA Finance Committee 2009 to present-A

### **PROFESSIONAL AWARDS AND HONORS:**

2011 Outstanding service as Honors Project Advisor  
2011 Nomination for Award for Undergraduate Classroom Teaching Excellence  
2010/11 Award for RN-to-BSN Teaching Excellence  
2011 Excellence in Nursing Administration Award (ONA)

- 2004 Induction into Dorothy Cornelius Leadership Congress- Ohio Nurses Association (ONA)
- 1992 March of Dimes Nurse of the Year Award- ONA
- 1986 Sigma Theta Tau Research Award
- Ohio State University Graduate Research Alumni Award
- Ohio State University Home Economics Alumni Award
- Mid Ohio Nurses Association, Pauline Brandenburger Scholarship Recipient
- 1982 Wharton Business School-Nurse Manager Institute- Franklin University
- 1981 Fellowship-University of Washington, Nursing Child Assessment Satellite Training (NCAST) Program Certified Instructor Trainer- HRSA

**RESEARCH/GRANTS:**

- 2012 Submitted with Cindra Holland PhD RN Innovation in Teaching Grant –**Not Funded**
- 2009 Submitted a student recruitment and retention grant to HRSA. – **Not funded**
- 2006–2010 Grantsmanship Council -ONA
- 2006 Collaboration with Centers for Disease Control, Public Health Service Corps to develop a model for chronic disease and epidemiology integration
- 2000 Robert Wood Johnson Turning Point Social Marketing Development Grant
- 1990 Project Director, Women’s Health Grant-Women’s Workshop on Breast Health-**Grant awarded**
- 1990 Project Director, Prenatal Incentive **Grant awarded** by Holy Cross Health System
- 1987 Doctoral Dissertation, Ohio State University-College of Human Ecology, Department of Family Relations and Human Development

**1983 Regional Conference for Nurses and Social Workers on Genetics-HHS/MCH – Grant Awarded**

1980 National Workshops on Nursing Criteria, Quality Assurance in Ambulatory Settings for Children with Handicaps-HHS/MCH (Awarded - Project Coordinator 1980-1982)

**PUBLICATIONS:**

- Arms, Deborah, “Getting your Degree Online: Is It Right for You?”, *Ohio Nurses Review*, Jan/Feb 2013, Vol 88 Issue 1 Bimonthly Editorials in Professional Speaking. Publication of Mid-Ohio District Nurses Association, 2013-N
- Arms, Deborah, “Preconceptual Counseling,” *Capital Women*, January 1992
- American Hospital Association, Maternal Child Section Monograph, 1991, Prenatal Incentive Program
- Developed Alpha Fetal Protein information pamphlet in conjunction with the Genetics Education group for the State of Ohio, 1986.
- Arms, Deborah; Chenevey, Bonnie, et al., “A Baccalaureate Degree Program in Nursing for Older Students” in Knowle, Malcolm ed., *Androgogy in Action* Jossey-Bass publication, 1984.

**PRESENTATION:**

- 2012 Guest lecture undergraduate Nursing 422, Beacon and Nursing 4440
- 2011 The Relationship between Nursing Student Learning Styles and Performance on Standardized Exams-Poster
- Nov. 2011 Integration of Innovative Technology in the Classroom:eDose. NLN Technology Conference. Nov 4-6, 2011-Poster
- Summer 2011 Guest Lecture Nursing 304, June 21, 2011; July 19, 2011
- Sept, 2011 The Convention Experience. ONA Sept 2011
- July, 2011 Integration of Innovative Technology in the Classroom- Midwest Regional HPSN, July21, 2011-Podium
- June 2010 Community Emergencies: What Role Can We Play? June 9, 2010
- Nov 2009 Leadership and Management-OSU Graduate Nursing Class
- Oct 2009 Strategic planning –ONA Convention Oct 16, 2009
- 2000-2008 Guest Faculty Presentations on Public Health Policy at Ohio State University, Case Western Reserve, Wright State University and the University of Cincinnati
- 1994-2008 Provided National and Statewide Presentations and Technical Assistance in the areas of Social Marketing, Environmental Health, Public Health Policy, Disaster Preparedness and Chronic Diseases

**SERVICE AND ACADEMIC OUTREACH:**

**Professional:**

- Delegate ONA Convention- October 2013
- National Public Health Accreditation Board- Team Leader 2013-present
- Delegate ANA Convention June 2012
- Ohio Nurses Democratic Caucus
- Advancing Nursing Education Task Force Members for ONA –Sept 2012 –present –A
- Ohio Action Coalition-Jan 2012 to present
- ONA Leadership Conference calls Quarterly

Nurses Day at the Statehouse-2013  
Safe Staffing Summit Winter 2011  
Ohio Cabinet Opiate Action Team  
Ohio Society of Association Executives meeting on Critical Health care Reform issues  
Health Care Reform Collaborative of Central Ohio  
Ohio Health 1<sup>st</sup> Annual Heritage Research Conference- Judge-June 8, 2011  
2011 Biennial ONA convention-Delegate  
Beta Site Tester for the Public Health Accreditation Board 2010  
American Nurses Association Nurse Competency Development for Disaster Preparedness Spring 2008  
Chief Nurse Consultant for the Local Health Districts Directors of Nursing 2006 -2008  
Chair, State Disaster Medical Surge Committee 2006-2008  
Franklin County Task Force on Decreasing Infant Mortality 1992-1994  
John Twenty-Third Head Start Board Member- 1991-1992  
Member of Day Care Advisory Council, Ohio Department of Human Services 1988 -1990  
Region V MCH Head Start Nursing Consultant 1987 -1994

**University:**

Budget committee 2012 -2013  
UCAP 2013-present

**CoNH:**

Undergraduate Curriculum-Chair 2013-present  
Directors Committee  
Faculty Affair Committee-Chair 2012 -2013  
Program Assessment Committee member  
Director Adena BSN outreach program  
Public Health course team member –Sept 2010 to present  
RN to BSN team member –Sept 2010 to present  
Consultation visit with Elizabeth Tournquest on writing for publication  
Content Map Lead-Undergraduate Public Health Course  
Content Map reviewer-Nur 7001  
Undergraduate Curriculum Sub-Committee on Revision of pre-admission policies  
Undergraduate Curriculum Sub-Committee on Student Remediation  
Quarter to Semester work group -2009  
Undergraduate Admissions criteria work group. Nov 2010 to present  
Undergraduate Curriculum Committee -Sept 2010 to present  
Graduate Curriculum Committee - Sept 2010 to present  
Faculty Organization Committee - Sept 2010 to present  
Bylaws Committee- Sept 2010 to present

**Community:**

Nationwide Children's Hospital Volunteer- Memorial Tournament 2013  
Franklin County Medical Reserve Corp-2012-present  
Stroll for Epilepsy 2013  
Board Member, Southeast Mental Health Center  
    Chairman of the Board, 1986-1987  
    Vice President of the Board, 1985-1986  
    Chairman of Program Planning Committee, 1984-1986