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| **BIOGRAPHICAL SKETCH** |
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| NAMEJeffrey A. Cigrang, Ph.D., ABPP (Lt Col, USAF, retired) | POSITION TITLEAssociate Professor |
| EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)* |
| INSTITUTION AND LOCATION | DEGREE*(if applicable)* | YEAR(s) | FIELD OF STUDY |
| Harding University, Arkansas | B.S. | 1983 | Psychology |
| Memphis State University, Tennessee | M.S. | 1986 | Psychology |
| Memphis State University, Tennessee | M.S. | 1989 | Clinical Psychology |
| Memphis State University, Tennessee | Ph.D. | 1991 | Clinical Psychology |
| Wilford Hall Medical Center, San Antonio, TX | Post-Doctoral | 2000 | Clinical Health Psychology |

**Research and professional experience:**

2014 – Associate Professor, School of Professional Psychology, WRIGHT STATE UNIVERSITY, Dayton, OH

2012 – 2014 Senior Scientist, USAF SCHOOL OF AEROSPACE MEDICINE, WRIGHT PATTERSON AFB, OH

2010 – 2012 Mental Health Flight Commander, 5th MEDICAL OPERATIONS SQUADRON, MINOT AFB, ND

2006 – 2010 Chair, Department of Psychology, 59th MENTAL HEALTH SQUADRON, LACKLAND AFB, TX

2000 – 2006 Mental Health Flight Commander, 88th MEDICAL OPERATIONS SQUADRON, WRIGHT-PATTERSON AFB

1999 – 2000 Clinical Health Psychology Fellow, 59TH MEDICAL WING, LACKLAND AFB, TX

1996 – 1999 Chief, Behavioral Analysis Service, 59TH MEDICAL WING, LACKLAND AFB, TX

1993 – 1996 Chief, Psychological Services, 18TH MEDICAL OPERATIONS SQUADRON, JAPAN

1991 – 1993 Clinical Psychologist, 384TH MEDICAL GROUP, MCCONNELL AFB, KS

1990 – 1991 Clinical Psychology Resident, WILFORD HALL MEDICAL CENTER, LACKLAND AFB, TX

**Honors**

Bronze Star

Defense Meritorious Service Medal

Air Force Meritorious Service Medal with Fifth Oak Leaf Cluster

Air Force Commendation Medal with First Oak Leaf Cluster

Air Force Achievement Medal with First Oak Leaf Cluster

Air Force Material Command Psychologist of the Year - 2001

Air Force Clinical Psychologist of the Year – 1995

**Deployment Experience**

Sep 13 – Apr 14 Joint Task Force, GTMO, Cuba

Dec 07 – Jun 08 732 ESS/CSC, COB Adder, Iraq

Sep 04 – Jan 05 506 EMEDS, Kirkuk RAB, Iraq

Sep 02 – Dec 02 321 EMEDS, Masirah Island, Oman

**Professional Affiliations**

* Association of Behavioral and Cognitive Therapies (ABCT).
* Fellow, American Board of Professional Psychology (ABPP)

**Research Support**

*Pending Funding*

1. Congressionally Directed Medical Research Programs

Title. Up-armoring” at-risk military couples: A stepped approach to early intervention

and strengthening of military families.

Performance Period: 2019-2021

Role: PI

Percent Effort: 16.42%

Funding: $1.2M

*Current Funding*

1. Congressionally Directed Medical Research Programs

Title. Lesbian, Gay, and Bisexual Couples in the Military: A Post-DADT Examination of Relationship Health, Perceived Community Acceptance, and Mission Readiness.

Performance Period: 2018-2020

Role: PI

Percent Effort: 15%

Funding: $1.2M

Contract/grants officer: Jessica M. McKlveen (301-619-7788)

Project Goals:

* Complete semi-structured phone or video interviews with a sample of Air Force LGB couples and conduct qualitative analyses of interview responses
* Complete a quantitative survey of a sample of Air Force LGB couples using a broad range of general and LGB-specific measures of community, workplace, relationship, and individual risk and protective factors.
* Complete a similar quantitative survey of a sample of heterosexual Air Force couples that are matched to the LGB couple on demographic variables.
* Develop and test a multi-level, community model of health and functioning for Air Force couples that compares heterosexual and LGB participants and identifies key predictors and mediators of occupational functioning
1. Congressionally Directed Medical Research Programs

Title: “Evaluation of a Brief Marriage Intervention for Integrated Behavioral Health Consultants in Primary Care”.

Performance Period: 2015-2019

Role: PI

Percent Effort: 19%

Funding: $879K for 3 years

Contract/Grants Officer: Michelle Lane (301-619-7994)

Project Goals:

* Conduct a RCT to evaluate the efficacy of Marriage Checkup (MC) in primary care by comparing couples who received MC to couples in a wait list control condition on multiple indices of relationship health.
* Determine the ability of MC to attract military couples across a broad range of relationship functioning by examining standardized measures and other self-report data at baseline.
1. Congressionally Directed Medical Research Programs

Title: ‘Up-armoring’ at-risk military couples: A prospective study of committed romantic relationships in transition to their first permanent duty station.

Performance Period: 2016-2019

Role: PI

Percent Effort: 15%

Funding: $1M for 3 years

Contract/Grants Officer: Tracie Barrick (USARMY MEDCOM USAMRMC)

Project Goals:

* Conduct the first-ever prospective study of young military couples in their first assignment in the military.
* Develop and validate a mechanism for early identification of couples at risk for negative outcomes at follow-up periods.

*Submitted for Funding*

1. National Institute of Health (NIH)

Title: Stage I pilot study of a behavioral intervention for promoting treatment among women being released from jail who have substance use disorders and recent prostitution histories.

Role: co-PI (PI: Jeremy Schumm, Ph.D.)

Percent effort: 15%

Funding: $275K for 2 years

Project Goal: Develop and pilot test a novel behavioral intervention that is meant to promote post-incarceration engagement in substance use treatment among women with drug addiction and a recent history of prostitution who are currently in jail but being scheduled for release to the community.

*Previous funding*

1. Department of Defense’s Peer Reviewed Medical Research Program

Title: “Population Health Trial for Smokeless Tobacco Cessation with Military Personnel”

Performance Period: 2002-2005

Role: Co-Principle Investigator (Herb Severson, Ph.D., Principle Investigator)

Funding: $2M

Project Goals:

* Provide an empirical evaluation and the cost-effectiveness of combining telephone counseling and a Web-based smokeless tobacco cessation intervention
1. Department of Defense's Psychological Health and Traumatic Brain Injury Research Program

Title: Multidisciplinary Posttraumatic Stress Disorder Research Consortium. “Brief Cognitive Behavioral Treatment of Deployment-Related PTSD in Primary Care Settings: A Randomized Controlled Trial.”

Performance period: 2008-2015

Role: PI (Dr. Alan Peterson, Consortium PI)

Funding: $25M

Contract/Grants Officer: Inna Williams (301-619-4447)

Project Goals:

* Determine whether a brief (four 30-minute appointments) CBT protocol designed for use by behavioral health consultants working in primary care would significantly reduce PTSD symptom severity in OIF/OEF/ OND veterans in comparison to a minimal contact condition.
* Examine characteristics of patients at pre-treatment, e.g., demographic variables, level of co-morbid depression, that predict a relatively better or worse response to PTSD treatment in primary care.
1. Defense Medical Research and Development Program

Title: “Individual and Relationship Factors Affecting Marriage Quality and Stability Across the Deployment Cycle”

Performance period: 2010-2104

Role: PI

Funding: $481K

Contract/Grants Officer: Ruben Sandoval (210-292-3449)

Project Goals:

* Increased understanding of the interactions among extended deployment to combat zone, individual emotional and behavioral health, and marriage and intimate partner relationships
* Results informed the development of specific relationship prevention strategies and products, i.e., behavioral health “up armoring,” both pre- and post-deployment for military members and their intimate partners.
1. Defense Health Program Intramural Award

Title: “Development of a Brief Marriage Intervention for Behavioral Health Consultants (BHC’s) in Integrated Primary Care.”

Performance Period: 2012-2014

Role: PI

Funding: $65K

Contract/Grants Officer: Linda Armstrong (937-938-3267)

Project Goals:

* Adapt a brief marital intervention with proven effectiveness in civilian couples for use by BHC’s in an Air Force integrated primary care clinic.
* Tailor the content of the intervention to address the unique stressors experienced by military couples.
* Conduct a pilot study of the intervention at two integrated primary care clinics

**Peer Reviewed Publications**

2017

**Cigrang**, J. A., Rauch, S. A., Mintz, J., Mitchell, J. A., Najera, E., Litz, B. T., et al. (2017). Moving effective treatment for posttraumatic stress disorder into primary care: A randomized controlled trial with active duty military. *Family Systems & Health, 35*, 450-462.

**Cigrang**, J. A., Peterson, A. L. (2017). Stepped-care approaches to posttraumatic stress disorder: Sharpening tools for the clinician’s toolbox. *Pragmatic Case Studies in Psychotherapy*, <http://pcsp.libraries.rutgers.edu>, 13, Module 2, Article 2, pp. 142-153.

Cordova, J. V., **Cigrang**, J. A., et al. (2017). Addressing Relationship Health Needs in Primary Care: Adapting the Marriage Checkup for use in medical settings with military couples. *Journal of Clinical Psychology in Medical Settings, 24,* 259-269.

Baker, M. T., Anderson, S. R., Arant-Daigle, D., **Cigrang**, J. A., Young-McCaughan, S., Johnson, L., & Peterson, A. L. (2017).  Psychiatric aeromedical evacuations: Clinical characteristics of deployed U.S. military personnel during Operation Iraqi Freedom.  Military Behavioral Health.  Published online January 27, 2017. [http://dx.doi.org/10.1080/21635781.2016.1272021](https://urldefense.proofpoint.com/v2/url?u=http-3A__dx.doi.org_10.1080_21635781.2016.1272021&d=CwMFAg&c=3buyMx9JlH1z22L_G5pM28wz_Ru6WjhVHwo-vpeS0Gk&r=yf-d5lOqgFmdR3iIYgf9R8-vO5onVmzw87zbpQFfesA&m=CkPBTgjMA95nDT7ZqpseRUftl6UfY_h9RaK9z1IHLDw&s=9VnNRik8uzWiR-EgqYFe9iWL4VHD1ZPKj8GKT7lWqj4&e=)

Balderrama-Durbin, C., Stanton, K., Snyder, D. K., **Cigrang**, J. A., et al. (2017). The risk for marital infidelity across a year-long deployment. *Journal of Family Psychology, 31,* 629-634

2016

**Cigrang**, J. A., Cordova, J. V., Gray, T. D., Najera, E., Hawrilenko, M., Pinkley, C., Nielsen, M., Tatum, J., & Redd, K. (2016). The Marriage Checkup: Adapting and Implementing a Brief Relationship Intervention for Military Couples. *Cognitive and Behavioral Practice, 23,* 561-570.

Snyder, D. K., Balderrama-Durbin, C., **Cigrang**, J. A., Talcott, G. W., Slep, A. M. S., & Heyman, R. E (2016). Help-seeking among Airmen in distressed relationships: Promoting relationship well-being. *Psychotherapy, 53*, 1-12 (Invited contribution to Special Issue.)

2015

**Cigrang**, J. A., Rauch, S. A. M., Mintz, J., Brundige, A., Avila, L. L., Bryan, C. J., Goodie, J. L., Peterson, A. L., & the STRONG STAR Consortium. (2015). Treatment of active duty military with PTSD in primary care: A follow-up report. *Journal of Anxiety Disorders, 36*, 110-114.

Balderrama-Durbin, C., **Cigrang**, J., Osborne, L. J., Snyder, D. K., Talcott, G. W., Heyman, R. E., & Slep, A. M. S, Tatum, J., Baker, M., Cassidy, D., Sonnek, S. (2015). Coming home: A prospective study of family integration following deployment to a war zone. *Psychological Services, 12*, 213-223.

**Cigrang**, J., Balderrama-Durbin, C., Snyder, D. K., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. E., & Slep, A. M. S (2015). Predictors of suicidal ideation across deployment: A prospective study. *Journal of Clinical Psychology, 71,* 828–842.

Heyman, R. E., Slep, A. M. S., Sabathne, C., Erlanger, A. C. E., Hsu, T. T., Snyder, D.K., Balderrama-Durbin, C., **Cigrang**, J. A., Talcott, G. W., Tatum, J., Baker, M. T., Cassidy, D., & Sonnek, S. M. (2015). Development of a multilevel prevention program for improved relationship functioning in active duty military members. *Military Medicine, 80,* 690–696

2014

**Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D. K., Balderrama -Durbin, C., Heyman, R., & Slep, A. (2014). Impact of combat deployment on emotional, behavioral, and relationship health: A longitudinal study. *Journal of Traumatic Stress, 27*, 58-65.

Blount, T. H., **Cigrang**, J. A., Foa, E. B., Ford, H. L., & Peterson, A. L. (2014). Massed prolonged exposure for combat-related PTSD: A case study. *Cognitive & Behavioral Practice, 21,* 89-96

**Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D. K., Balderrama -Durbin, C., Heyman, R., & Slep, A. (2014). Intimate partner communication from the war zone: A prospective study of relationship functioning, communication frequency, and combat effectiveness. *Journal of Marital & Family Therapy, 40*, 332-343.

2013

Fissette, C. L., Snyder, D. K., Balderrama-Durbin, C., Balsis, S., **Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. & Slep, A. (2013). Assessing posttraumatic stress in veterans: Improving diagnostic efficiency and accuracy based on item-response theory. *Psychological Assessment, 26*, 1-7

Balderrama-Durbin, C., Snyder, D. K., **Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R. E., & Slep, A. M. S. (2013). Combat disclosure in intimate relationships: Mediating the impact of partner support on posttraumatic stress. *Journal of Family Psychology, 27*, 560-568

Talcott, G. W., **Cigrang**, J., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D. K., Balderrama -Durbin, C., Slep, A., Heyman, R., Klesges, R., & Middleman, D. (2013). Tobacco use during military deployment. *Nicotine & Tobacco Research, 15* 1348-54

2012-2010

**Cigrang**, J. A., Rauch, S. A. M., Avial, L. L., Bryan, C. J., Goode, J. L., Hryshko-Mullen, A., & Peterson, A. (2011). Treatment of active duty military with PTSD in primary care: Early findings. *Psychological Services, 8, 104-113*.

Peterson, A. L., Hatch, J. P., Hryshko-Mullen, A., **Cigrang**, J. A. (2011). Relaxation training with and without muscle contraction in subjects with psychophysiological disorders. *Journal of Applied Biobehavioral Research, 16, 138-147*.

2009-2007

Severson, H. H., Peterson, A. L., Andrews, J. A., Gordon, J. S., **Cigrang**, J., Danaher, B. G., Hunter, C. M., Barckley, M. (2009). Smokeless tobacco cessation in military personnel: A randomized trial. *Nicotine & Tobacco Research, 11, 730-738.*

Peterson, A. L., Severson, H. H., Andrews, J. A., Gott, S., **Cigrang**, J. A. Gordon, J. S., Hunter, C. M. & Martin, G. (2007). Smokeless tobacco use in military personnel. *Military Medicine, 172,* 1300-1305

2006-2004

**Cigrang**, J. A., Dobmeyer, A. C., Becknell, M. E., Roa-Navarrete, R. A., Yerian, S. R. (2006). Evaluation of a collaborative mental health program in primary care: Effects on patient distress and health care utilization. *Journal of Community and Primary Care Psychiatry, 11*, 121-127.

**Cigrang**, J. A., Hunter, C. M., & Peterson, A. L. (2006). Behavioral treatment of chronic belching due to aerophagia in a normal adult. *Behavior Modification, 30*, 341-351*.*

**Cigrang**, J. A., Peterson, A. L., Schobitz, R. P. (2005). Three American troops in Iraq: Evaluation of a brief exposure therapy treatment. Pragmatic Case Studies in Psychotherapy [Online], Vol. 1(2), Article 1. Available: <http://hdl.rutgers.edu/1782.1/pcsp1.2.54>

Peterson, A. L., **Cigrang**, J. A., Schobitz, R. P.. (2005). Response to commentaries -- The scientist-practitioner on the front line: Development and formalization of evidenced-based interventions on the battlefield . Pragmatic Case Studies in Psychotherapy [Online], Vol. 1(2), Article 4. Available: <http://hdl.rutgers.edu/1782.1/pcsp1.2.57>

Lind, N. A., & **Cigrang**, J. A. (2004). Biofeedback-assisted relaxation, exposure therapy, and cognitive-skills training for anxiety following gastric bypass surgery. *Clinical Case Studies, 3*, 147-165.

2003-2001

Peterson, A. L., & **Cigrang**, J. A. (2003). Letter to the editor. Management of vasovagal syncope: Controlling or aborting faints by leg crossing and muscle tension*. Circulation, 107,* e198.

**Cigrang**, J. A., Carbone, E. G., Lara, A. (2003). Four-year prospective study of military trainees returned to duty following a mental health evaluation. *Military Medicine, 168*, 710-714.

**Cigrang**, J. A., Hryshko-Mullen, A. S., Peterson, A. L. (2003). Spontaneous reports of religious coping by patients with chronic physical illness. *Journal of Clinical Psychology in Medical Settings, 10*, 133-137

**Cigrang**, J. A., Severson, H. H., & Peterson, A. L. (2002). Pilot evaluation of a population health-based intervention for reducing use of smokeless tobacco. *Nicotine and Tobacco Research, 4,* 127-131.

Carbone, E. G., & **Cigrang**, J. A. (2001) Job satisfaction, occupational stress, and personality characteristics of Air Force Military Training Instructors. *Military Medicine, 166*, 1-3.

**Cigrang**, J. A., & Staal, M. A. (2001). Readministration of the MMPI-2 following defensive invalidation in a military job applicant sample. *Journal of Personality Assessment, 76*, 472-481.

2000 and earlier

Staal, M. A., **Cigrang** J. A., & Fiedler, E. (2000). Disposition decisions in Air Force basic trainees seen for a mental health evaluation. *Military Psychology, 12*, 187-203.

**Cigrang**, J. A., Todd, S. L., & Carbone, E. G. (2000). Stress management training for military trainees returned to duty after a mental health evaluation. *Journal of Occupational Health Psychology, 5*, 48-55.

Carbone, E. G., **Cigrang**, J. A., Todd S. L., & Fiedler, E. R. (1999). Predicting outcome of military basic training for individuals referred for a psychological evaluation*. Journal of Personality Assessment, 72*, 256-265.

**Cigrang**, J.A., Carbone, E.G., Todd, S.L. (1998). Mental health attrition in Air Force basic training*. Military Medicine, 163*, 834-838.

**Cigrang**, J. A., Pace, J. V., & Yasuhara, T. T. (1995). Critical incident stress intervention following fatal aircraft mishaps. *Aviation, Space, and Environmental Medicine, 66*, 880-882.

**Book Chapters:**

 Austern, D., **Cigrang**, J. A., Rauch, S. A., & Evans, A. L. (2018). Posttraumatic Stress Disorder. In (eds.) Alexandros Maragakis, A., & Donahue, W. *Principle-Based Stepped Care and Brief Psychotherapy for Integrated Care Settings,* Springer.

Peterson, A. L., **Cigrang**, J. A., & Isler, W. (2009). Future directions: Trauma, Resilience, and Recovery Research. In S. H. Freeman, B. A. Moore, & A. Freeman (eds.) Living and Surviving in Harm’s Way: A Psychological Treatment Handbook for Pre- and Post-Deployment of Military Personnel. Routledge, NY, pgs 467-492.

Garb, H. N., & **Cigrang**, J. (2008). Psychological screening: Predicting resilience to stress. In B. Lukey & V. Tepe (eds.) Biobehavioral resilience to stress. Francis & Taylor, FL, pgs 3-24.

Klesges, R. C., **Cigrang**, J., & Glasgow, R. E. (1990). Worksite smoking modification programs: A state-of-the-art review and directions for future research. In M. Johnston & T. Marteau (eds.), Applications in health psychology. New Brunswick, New Jersey, pgs. 26-56.

**Invited Addresses.**

“Prolonged Exposure for Primary Care: Filling a Gap in VA Care.” Invited address to VA PTSD Consultation National Call, 05/2018

**Selected Conference Presentations (2001 to present):**

Reynolds, P., Cigrang, J. A., Glover, I., Yoder, D., La'Pelusa, A., Evans, A., & Quick, M. (2017). Household Wellness in an Urban Safety-Net Clinic: Relationships, Finances, and Medical Wellness. Presented at the 2017 annual meeting of the North American Primary Care Research Group, Nov 17-21.

Stephenson, M., **Cigrang**, J., Hayburn, A., Fedynich, A., Brown Jr., E., Pavlack, T., Neeley, S., Knowles, H., Spurlock, M. (2017, September). PACER Progress Report: Social Determinants of Health Module. Poster session and presentation at The Future of Primary Care: Hot Topics and Challenges, Chicago, IL.

Evans, A. L., Nichting, E., Burke, C. J., Frederick, S. A. L., & **Cigrang** J. A. (2017, March). Development of a brief intervention for women in jail with history of drug and prostitution-related arrests. Showcase presented at the All-Ohio Institute on Community Psychiatry, Columbus, Ohio.

Hayburn, A., Stephenson, M., Evans, A. L., Giwa, M., Dixon, J., You, S., Sherlock, S., **Cigrang**, J. (2017, March). Integration of behavioral health services at a free primary care clinic. Showcase presented at the All-Ohio Institute on Community Psychiatry, Columbus, Ohio.

Peterson, A. L., Hale, W., Baker, M. T., **Cigrang**, J. A., Pugh, M.J., Gardner, C.L., Arant-Daigle, D., Williams Christians, I., Young-McCaughan, S., Mintz, J., & Dukes, S.F.; for the STRONG STAR Consortium. (2016, August ). Psychiatric aeromedical evacuations of deployed U.S. military personnel during Operation Iraqi Freedom and Operation Enduring Freedom 2001-2013. Poster session presented at the 2016 Military Health System Research Symposium, Kissimmee, FL.

Hale, W., Peterson, A. L., Baker, M. T., **Cigrang**, J. A., Pugh, M.J., Gardner, C.L., Arant-Daigle, D., Williams Christians, I., Young-McCaughan, S., Mintz, J., & Dukes, S.F.(2016, May). Psychiatric aeromedical evacuations of deployed U.S. military personnel during Operation Iraqi Freedom and Operation Enduring Freedom 2001-2013. Poster session presented at the San Antonio Military Health System (SAMHS) and Universities Research Forum (SURF), San Antonio, TX.

Dukes, S. F., Baker, M. T., **Cigrang**, J. A., Young-McCaughan, S., Arant-Daigle, D., Hale, W., & Peterson, A. L. (April, 2016). Psychiatric aeromedical evacuations of deployed U.S. military personnel during Operation Iraqi Freedom and Operation Enduring Freedom 2001-2013. Paper presented at the 87th Aerospace Medicine Association Annual Scientific Meeting, Atlantic City, NJ.

Hale, W., & Peterson, A. L., Baker, M. T., **Cigrang**, J. A., Pugh, M.J., Gardner, C., Arant-Daigle, D., Williams-Christians, I., Young-McCaughan, S., Mintz, J., & Dukes, S. F. (March, 2016). Psychiatric aeromedical evacuations of deployed U.S. military personnel during Operation Iraqi Freedom and Operation Enduring Freedom 2001-2013. Poster presented at the Texas Fresh AIR 2016 Big Data & Data Analytics Conference, San Antonio, TX.

Stanton, K., Balderrama-Durbin, C., Snyder, D. K., **Cigrang**, J., Talcott, G. W., Slep, A. M. S., & Heyman, R. E. (2016, October). Infidelity across a year-long deployment: An examination of relationship and individual functioning risk factors. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Osborne, L. J., Snyder, D. K., Balderrama-Durbin, C. **Cigrang**, J. A., Talcott, G. W., Smith Slep, A. M., Heyman, R. E., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015). *Predictors of Chronic Pain and Somatic Functioning Following a Combat Deployment.* Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.

Fissette, C. L., Snyder, D. K., Balderrama-Durbin, C. Balsis, S., **Cigrang**, J. A., Talcott, G. W., Smith Slep, A. M., Heyman, R. E., Tatum, J., Baker, M., Cassidy, D., & Sonnek, S. (2015). *Predictors of Alcohol Misuse Following a Combat Deployment*. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies Convention, Chicago, IL.

Aguilera, J. C., **Cigrang**, J. A., Litz, B., Yarvis, J., Mintz, J., and the STRONG STAR Consortium. (2015, April). *Predictors of Sexual Functioning in Active-Duty Male Service Members Seeking Help for PTSD*. Poster presented at the meeting of the Society of Behavioral Medicine, San Antonio, TX.

Snyder, D. K., Balderrama-Durbin, C., **Cigrang**, J., Talcott, G. W., Slep, A., & Heyman, R. (2015, August). Help-seeking among Airmen in distressed relationships: Implications for alternative delivery systems. In J. C. Flanagan & M. L. Kelley (Co-chairs), *Mental health, alcohol use, and relationship satisfaction among military members and veterans*. Symposium presented at the meeting of the American Psychological Association, Toronto, Canada.

Balderrama-Durbin, C., Snyder, D. K., **Cigrang**, J., Fissette, C. Talcott, G. W., Tatum, J., Cassidy, D., Baker, M., Sonnek, S., Slep, A. M. S., & Heyman, R. E. (2013, November). The impact of deployment on the risk for infidelity. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies Convention, Nashville, TN.

Balderrama-Durbin, C., Snyder, D. K., **Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R., & Slep, A. (2012, November). Post-deployment reintegration: Challenges for partnered service members. In K. D. Renshaw (Chair), Adjustments to challenges in military couples: Reintegration and PTSD. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, National Harbor.

**Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Snyder, D. K., Balderrama -Durbin, C., Heyman, R., & Slep, A. (2011, November). Psychological health and intimate relationship functioning across the deployment cycle in a cohort of active-duty service members. In D. K. Snyder (Chair), Emerging evidence regarding post-traumatic stress disorder and relationship functioning in OEF/OIF combat veterans. Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto.

Balderrama-Durbin, C., Snyder, D. K., **Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R., & Slep, A. (2011, November). Post-traumatic stress, partner support, and the role of combat disclosure following high-risk deployment to Iraq. In D. K. Snyder (Chair), Emerging evidence regarding post-traumatic stress disorder and relationship functioning in OEF/OIF combat veterans. \*Symposium presented at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto

Fissette, C., Snyder, D., Balderrama-Durbin, C., Balsis, S., **Cigrang**, J., Talcott, G. W., Tatum, J., Baker, M., Cassidy, D., Sonnek, S., Heyman, R., & Slep, A. (2011, November). Item-level properties of the PCL-M in a sample of active-duty Airmen. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapies, Toronto.

**Cigrang**, J. A., Rauch, S., Bryan, C., Avila, L., Goodie, J., Hryshko-Mullen, & Peterson, A. (2009). Cognitive Behavioral Treatment of Deployment-Related PTSD in Primary Care: A Pilot Investigation. Presented at the Military Health Research Forum, Hallmark Crown Center, Kansas City, Missouri, September 3, 2009

Peterson, A., Riggs, D. S., **Cigrang**, J. A. (2008). Treating our wounded warriors: prolonged exposure therapy for combat-related PTSD. Workshop presented at 42nd Annual Convention Association for Behavioral and Cognitive Therapies, Orlando, Florida, 14 Nov 2008.

Severson, H.H., Andrews, J.A., Peterson, A.L., Gordon, J.S., &. **Cigrang**, J.A. (2006). Motivational interview phone support: An efficacious method for smokeless tobacco cessation. Presented at the 9th International Congress for Behavioral Medicine, Bangkok, Thailand November 29 – December 2, 2006.

Cigrang, J. A., Dobmeyer, A. C., Becknell, M. E., Roa-Navarrete, R. A., Yerian, S. R. (2006). Measuring Behavioral Health Treatment Outcome in a Primary Care Clinic. Presented at Society of Behavioral Medicine’s 27th Annual Meeting and Scientific Sessions in San Franscisco, CA, Mar 22−25.

**Cigrang**, J. A., Peterson, A. L., Severson, H. H., Gott, S. P., & Andrews, J. A. (2006). Smokeless Tobacco Cessation with Military Personnel Using Motivational Phone Support. Presented at Society of Behavioral Medicine’s 27th Annual Meeting and Scientific Sessions in San Franscisco, CA, Mar 22−25.

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