### Nonverbal Communication

#### Face:
- **Comfortable/Confident**
  - Head Tilt
  - Arched Eyebrows
  - Chin Up

- **Uncomfortable/Low Confidence**
  - Eye Blocking
  - Lower Eyebrows
  - Chin Down
  - Tongue Rub
  - Disappearing Lips
  - Lack of Eye Contact

- **Aggressive**
  - Lower Eyebrow and Squint
  - Eye Gaze
  - Nose Flaring
  - Disappearing Lips
  - Nose and Left Side of Mouth Lifted Up

- **Possible Deception**
  - Compressed Lip
  - Tongue Jutting
  - Increased Eye Blink
  - Inappropriate eye contact
  - Cocking the head to the side
  - Facial Fidgeting
  - Head Movement
  - Eye Blinking

- **Other**
  - Pupils Dilate – Like What They See
  - Pupils Constrict – Not Like What They See
  - Eyes Open Wide And Dilated – Aroused, Surprised, Confronted Furrowed
  - Forehead/Brow – Anxious, Sad, Concentrating, Concerned, Bewildered, Angry

#### Arms:
- **Comfortable/Confident**
  - Arms Reach Out
  - Arms Behind Back - Higher Status
  - Elbow Spread
  - Animated Spread
  - Hooding
  - Arms Spread
  - Arm Around Person
  - Arms Near Another
  - Elbow Flexing
  - Elbow Interlocking
  - Wrist Exposed underside
  - Arms Akimbo
  - Arm Spreading

- **Uncomfortable/Low Confidence**
  - Reactive And Defend
  - Restricted, Unmoving
  - Elbow Narrowing
  - Arms Against Waist or Between Legs
  - Arm Crossing
  - Arms Crossing as Massaging
  - Arms Crossed Holding Wrist

- **Aggressive**
  - Arm Around Person

- **Possible Deception**
  - Akimbo With Thumbs Forward - Inquisitive or Concerned

#### Torso:
- **Comfortable/Confident**
  - Ventral Fronting
  - Both Shoulders Shrug
  - Dressing The Torso
  - Preening
  - Torso Splay

- **Uncomfortable/Low Confidence**
  - Leaning Away
  - Blade Away
  - Ventral Denial Shift
  - Torso Shield, Blocking
  - Crossing Arms
  - Half Shrug
  - Turtle
  - Bowing

- **Aggressive**
  - Crossing Arms
  - Baring The Torso
  - Puffing Up The Chest
  - Torso Splay

#### Hands:
- **Comfortable/Confident**
  - Handshakes
  - Preening With Hands
  - Steepling
  - Modified Steeples
  - Hands In Ready/Active Position
  - High Thumbs
  - Genital Framing

- **Uncomfortable/Low Confidence**
  - Hidden Hands
  - Sweaty Hands
  - Nervous Hands
  - Ring Playing
  - Fingers Interlaced
  - Playing With Objects
  - Protect Other Body Parts
  - Palms- Up Display
  - Fingers Interlaced
  - Thumbs In Pocket
  - Interlaced Stroking
  - Rubbing of Hands
  - Hand Wringing
  - Frozen Hands
  - Neck Touching

- **Aggressive**
  - Palms-down Display
  - Palms-down Fingers Spread

- **Possible Deception**
  - Hidden Hands
  - Fidgeting

#### Legs:
- **Comfortable/ Confidence**
  - Legs Splay
  - Legs Crossing

- **Uncomfortable/Low Confidence**
  - Standing Feet Together
  - Jiggle to Kick Means Discomfort
  - Jiggling Means Nervous
  - Leg Movement

- **Aggressive**
  - Posing, Not Reposing

- **Possible Deception**
  - Constant Leg Movement

- **Other**
  - Clasp Knees - Ready To Go
  - Close Legs – Intimate, Comfort

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