

Comfort

calmness enjoyment friendliness fluid speech happiness openness touching joy patience calm receptiveness relaxing peacefulness closeness clear thinking confidence respect security tenderness trust trustfulness warmth

responsiveness

poise

Discomfort

anxiety apprehension clouded thinking distancing contrariness speech error unfriendliness depression tension obduracy occlusion withdrawal anger impatience nervousness fear indifference insecurity sternness lies coldness hesitation ranting doubt

Body Language Decision Tree

For interrogations & interviews.

EXAMPLE:

You have John in your office. You note the weather is cold, and he has never been in your office. Additionally, you area a person of authority. When he sits you see he has good posture and makes eye contact. This changes when you start to ask him about the cheating. He starts looking anxious, averts his eyes, and leans back in the chair, signs of discomfort. To comfort himself he starts leg cleansing and rubbing his neck/face. What is the likelihood he is lying?

OUTLINE:

Subject is <u>John Doe</u>, questioned for <u>cheating</u>.

- 1. Situational Awareness: Cold outside, unfamiliar office, formal, person of authority
- 2. Baseline: Good posture, eye contact
- 3. Discomfort: Anxious, eyes averted, distancing
- 4. Pacifiers: Leg cleansing, rub face/neck
- 5. Likely Truthful or Deception?

When a person is uncomfortable due to stress, anxiety, deception, etc. their nonverbal actions pacify them. Those actions are called pacifiers or adapters.

Nonverbal Communication



Body Parts

Face:

- Lower Teeth Exposed
- Blocking
- Closed Eyes
- Confirmation Nods
- Eyes Down To Left Or Right
- Head Shake
- High Blink Rate
- Preening
- Compressed Lips
- Nose Flare
- Touch Back of Head or Mouth
- Neck Touching or Stroking Women Touch Their Suprasternal Notch With Their Hand (Clutch Pearls)
- Play With Hair
- Touch Face
- Rub Cheeks or Lips From Inside of Mouth
- Exhale Slowly With Puffed Cheeks
- Smoke More, Chew Gum Faster
- Ventilating

Feet:

- Happiness (stomping, dancing, jumping)
- Toe in air excited (gravity defying)
- Happy feet feet and legs wiggle and bounce with joy (high confidence) it can also mean impatience, or some people have naturally jittery legs
- · Feet and ankle touching

Arms:

- Crossed
- At side, unmoving

Hands:

- Steeple
- Splayed
- Entwined

Torso:

- Blocking
- Leaning

Legs:

- Called Intention Movements
- Clasp
- Lean
- Leg Splay
- Standing Feet Together Is Submissive.
- Legs Crossing Indicates
 Comfort
- Legs Crossed and One Foot Leaning Toward A Person – Like And Trust
- Criminals Posing, Not Reposing